

# *The Wave - MARCH 2018*

*St. Peter's Episcopal Church-on-the-Canal - Buzzards Bay, Massachusetts*

## *FROM THE RECTOR*

*The Reverend Sue Lederhouse*

As we continue on our Lenten journey, I want to share with you some words from another Sue, The Rev. Sue Eaves, the Interim Priest at the parish where I was baptized, St. Paul's Episcopal Church in Richmond, Virginia. I appreciate the way she gets to the heart of what Lent is all about and I hope you will as well.

"Lent is not so much a time set apart from our normal lives as a time to re-connect with life as we might like it to be. The key to Lent is the pursuit of simplicity; the pruning away of the things we thought important, but have turned out to be burdens. Rather than 'adding on,' we should be 're-ordering.' Perhaps you have taken on so many activities, you are drowning in obligations. Perhaps you are working so hard, you have forgotten how to have fun. . . Perhaps you are so busy you do not even have time to enjoy relationships. Perhaps you are so frustrated or angry you have lost your capacity to forgive. In other words – has your life been taken over by forces that threaten your godliness, your identity, and your love?

"Fasting, consciously denying oneself a food for a set period of time, is an ancient and outward expression for the need to live free of these things that have the capacity to hold us captive. But fasting can come in many forms. Any act which sets us free from unnecessary or negative influences is an act that has the capacity to open us to God's intention for our lives. We might drive more slowly. . . limit the number of activities in which we are involved, take time to dream, be more patient with coworkers, kinder to store clerks, pray more regularly, visit an elderly relative or friend, be honest in all our dealings, slow down, extend forgiveness to another, do a favor for a neighbor, volunteer at church, and/or count blessings. . .

"There is tremendous freedom in letting go of what is not ours to manage, of acknowledging our limitations, and putting things into the hands of the God who is without limitation and to whom all things belong. If Lent is about simplifying our lives, a first step has to be the removal of things we can do nothing about. Recognizing what is ours to do and what is God's is a big step in that direction. Keep a holy and simple Lent."

May it be so for you and for me,

Sue Lederhouse+

## *THE DEACON'S CORNER*

"Beware the Ides of March, Caesar!" cried the soothsayer in Shakespeare's play *Julius Caesar*. Maybe that guy had a point about March? The way it works out this month, we've got nothing but the darkest days of Lent before us on the liturgical calendar, closing out the month with the betrayal of Jesus, his arrest, trial, crucifixion and burial. Where is the Good News in that?

I feel like old Joe Btfsplk, the infamous character from Al Capp's comic strip *L'il Abner*. Nothing good ever happened to Joe. Joe was "the world's worst jinx." He walked around with a black cloud following him everywhere, constantly emitting lightning bolts and a steady downpour on his head. That's me! I'm sitting here on my ash heap tonight, trying to find something good to say about March. I know that Good News is just around the corner in April though. Easter is coming! That's what keeps us going, following the way of the Cross through these gloomy days of March. That's the light, the promise of the Third Day's dawn. Easter is coming!

### WORD FOR THE DAY

Do not be dismayed by the brokenness of the world. All things break.  
And all things can be mended. Not with time, as they say, but with  
Intention. So go. Love intentionally, extravagantly, unconditionally. The  
Broken world waits in darkness for the light that is you.

L.R. KNOST

Deacon Robert Sherwood

## *WEEKLY EMAIL*

Hopefully you are receiving the weekly email we started sending three weeks ago. This email is a brief reminder of lessons for the upcoming Sunday, servers for that Sunday, calendar and upcoming events. It will also be used to notify parishioners of service or event cancellations (in the case of snow, etc.). If you are not receiving the weekly email and would like to, please call or email the Church Office (508-759-5641 / [saintpeters@verizon.net](mailto:saintpeters@verizon.net)) and leave your email address with Kathy. (You might also check your Spam folder to see if the weekly email has wound up there!)

## *LAY EUCHARISTIC VISITORS*

In the past, St. Peter's has had several lay people who were specially trained to bring communion to those who were not able to attend regular church services on Sundays. We will be revitalizing this ministry soon as four new people will be attending Diocesan training sessions in the weeks ahead. These visits will not take the place of clergy visiting, but will help supplement our ever increasing need for pastoral visitation. The new Lay Eucharistic Visitors will be commissioned to take communion out to specific people from a Sunday service. Please welcome them when they visit you and let me know if you have questions or would like to schedule a visit.

Sue Lederhouse+

## *TURN OFF THOSE LIGHTS!*

As you may have noticed from your Eversource bills, electricity is getting more expensive. We can all help save St. Peter's some money by cutting off lights that are not in use. Every little bit helps to save some money for other uses. Thanks for your help!

In February, Cape Light Compact replaced a number of bulbs in the Church with more energy efficient ones. Additional bulbs in other parts of the building will be replaced as well as part of a grant for non-profits that St. Peter's received from Cape Light Compact. This should also help reduce our overall electric bill.

## *VISIBLE VESTRY*

The Vestry held their annual retreat on Saturday, February 10, 2018. The February Vestry meeting was also included as the last part of the retreat.

1. New members and old members of the Vestry got to know each other and expectations of Vestry members were reviewed.
2. The Vestry broke up into small groups to brainstorm the areas of Pastoral Care, Parish Life, Outreach, Communications, and Administration (including Stewardship/Financial, Building/Grounds, Archives, and other Administration areas). We reviewed the Vestry discussions from 2017 and noted progress and needs still to be accomplished as well as additional needs to be addressed in 2018.
3. Deacon Bob led us in Noonday Prayer after which we had a wonderful lunch of Deacon Bob's chili and Priscilla Ellis' cornbread as well as other tasty items provided by Vestry members.
4. After lunch, there was a review and discussion of the brainstorming done by the various groups. The items discussed in each area can be found on the walls of the Meeting Room. Goals for 2018 will be developed in each area.
5. The February Vestry Meeting convened and there was a discussion of several building/grounds issues: (1) building use by community groups during the time that the Community Center is unavailable. In addition to the weekly TOPS group, the Friends of the Council on Aging will now be meeting monthly at St. Peter's. (2) Patti Metcalf volunteered to check with the sign company concerning the numbers we need to place on the front of the church building to meet Fire Department code requirements. (3) The Police Department has told us that we need to get new handicapped parking signs to place near the handicapped ramp in the back of the church. That is in process.
6. The contract with Discovery Preschool will be expiring in May 2018. Discovery has contacted us asking to renew the contract for another 3 year period. There was discussion about the terms of the renewal and a new proposal will be given to Discovery for their review.

There will be a special Vestry meeting on February 25 to approve the 2017 Parochial Report.

Next regular Vestry Meeting will be held on Monday, March 20.

## *FROM THE PARISH SECRETARY. . .THE KEY ISSUE IS. . .*

Please help update our Key list by searching your pockets and your car and home for any key(s) that open(s) any lock(s) on St. Peter's property, such as the Entry Doors (front and rear entrances), Office Door, Sacristy Door, Choir Room Door, Shed, etc.

Then provide us with the information about your keys on an orange form located on the Narthex table; please include your name, what the key opens and any identifying marks, labels, or stamped numbers.

Return any keys you no longer need to Rev. Sue or Kathy Letzeisen. The deadline for providing this information is Monday, March 19. Thank you for your help!

Kathy Letzeisen, Parish Secretary

## *BUILDING AND GROUNDS*

At the Annual Meeting on January 28, I mentioned the need to have a Building and Grounds group. Since then, I have learned that I wasn't clear enough about the scope of this group. The focus of this group will be to assess our building and grounds to see what repairs and upgrades need to be done and to help the Vestry prioritize what are the most important things that need to be done to keep our building and grounds in the best condition. Some of these repairs or upgrades may be able to be done by our Building Manager or others in the parish and some may have to be contracted out. **This group would not primarily be charged with doing the work but assessing what needs to be done.**

If this is something you would like to be part of, please contact me or Lynne Brune, Junior Warden. Many thanks for your help!

Sue Lederhouse+

## *SPAGHETTI SUPPER - MARCH 2*

The St. Peter's Substance Abuse Prevention and Support Group will be holding a Spaghetti Supper on **Friday, March 2, at 6:00 p.m.** to benefit the work of the Bourne Substance Free Coalition. Admission will be \$10 for adults and \$5 for children up to age 10. We have been fortunate to receive donations from several businesses and restaurants including Mezza Luna and Shaws. Sign up in the Narthex if you are able to attend! Thank you for your support to help in the work to stop the opioid crisis in our community!

## ***NO PANCAKE BREAKFAST IN MARCH***

Because we will still be in Lent, we will not have a pancake breakfast in March. In addition, the first Sunday of April is Easter this year so we will be moving the Pancake Breakfast in April to the next Sunday BUT our friendly and dedicated Pancake Sunday team will be back cooking up stacks of their delicious pancakes, scrambled eggs and sizzling sausages on **Sunday, April 8, at 9:00 a.m.**, so that both eight o'clockers and tenners can enjoy a treat and a visit. For more information, contact Ken Lihzis ([Klihzis@gmail.com](mailto:Klihzis@gmail.com) / 774-212-0453).

## ***BULLETIN PRAYER LIST UPDATE - MARCH 11***

A new Prayer list will begin on **March 11**. Please submit your prayer requests on the yellow forms in the Narthex. You may place them in the offering plate or bring them to the Church Office or you can email them to [saintpeters@verizon.net](mailto:saintpeters@verizon.net)

## ***DAYLIGHT SAVINGS TIME STARTS MARCH 11***

Don't forget to SPRING FORWARD – set your clocks **ahead** 1 hour on **SUNDAY, MARCH 11** or you'll be late for church!

## ***REFRESHMENT SUNDAY - MARCH 11***

Usually we forego having pancake breakfasts and sweet things during Lent. On Refreshment Sunday, the 4<sup>th</sup> Sunday in Lent, though, things get loosened up a little. And this year we have something special to celebrate. On March 27, we will celebrate our 80<sup>th</sup> birthday as a parish. Since that date falls during Holy Week, we decided to move our celebration up a little to Refreshment Sunday, March 11. At coffee hour that day after the 10:00 service, we will delight in a birthday cake for St. Peter's. Come and join the celebration as we remember all those people who came together back in 1938 to be the original St. Peter's Church.

## ***WOMEN'S BIBLE STUDY - MARCH 12 & 26***

On March 12, we will be studying Michal, the daughter of King Saul and the first wife of King David of the Old Testament. On March 26, we will be studying the Witch of Endor, an interesting woman of the Old Testament who gives counsel to King Saul. No previous Bible knowledge is required. A Bible is helpful but if you don't have one, we can provide one for you. The group normally meets on the 2<sup>nd</sup> and 4<sup>th</sup> Mondays of each month at 12:30 p.m. All women of the parish are invited. Bring a bag lunch and there will be coffee/tea and goodies provided.

## ***MEN'S BREAKFAST GATHERING - MARCH 17***

The men of the parish will join together for breakfast and a time of food and fellowship at **8:00 a.m. on Saturday, March 17** at Leo's Restaurant, 249 Main Street, Buzzards Bay. At that gathering, there will be a discussion about future breakfast locations and the best time for the gathering. All men of the parish are cordially invited to attend. Contact Ken Lihzis ([Klihzis@gmail.com](mailto:Klihzis@gmail.com) / 774-212-0453) for more information.

## ***HEALING SERVICE - MARCH 18***

Each month, a faithful group of parishioners gather to join in a service of prayers for healing, anointing, and laying on of hands. This service is held on the third Sunday of the month, which will be **Sunday, March 18, at 9 a.m.**

## ***HOLY WEEK AND EASTER AT ST. PETER'S***

**Palm Sunday, March 25, 8 and 10 a.m.** We continue our tradition of experiencing Palm Sunday as it would have been at the time of Jesus. We will celebrate Jesus' triumphal ride into Jerusalem with our Liturgy of the Palms. Then we process into the church singing "Make Way, Make Way, for the King of Kings." It will be a joyous celebration even as we know what lies ahead on Good Friday when we will hear the reading of the Passion.

**Maundy Thursday, March 29, 7 p.m.** On Maundy Thursday, we commemorate the institution of the Eucharist. We also have the opportunity (but not the requirement) to share in the Mandatum – Jesus' gift of love that we observe in the act of foot washing. At the end of the Maundy Thursday service, the candles are extinguished, the altar is stripped of all its ornaments, and we depart in silence.

**Good Friday, March 30, 12 noon and 7 p.m.** On Good Friday, we remember the crucifixion and death of Jesus. This is the most solemn service of the Church Year. We participate in the reading of the Passion. We share in the consecrated bread and wine from the Maundy Thursday service to sustain us through the sadness of this day. At the end of each service, we leave in total silence.

**Easter Day, April 1, 8 and 10 a.m.** We celebrate the day of Resurrection with a festive Eucharist at each service. There will be hymns at the 8 a.m. service and hymns and choir at the 10 a.m. service. An Easter Egg Hunt follows the 10 a.m. service.

## ***EASTER FLOWERS***

If you would like to donate money to purchase Easter altar flowers in memory of (or in honor of) family or friends, please fill in the Easter flowers form (which will be found in the bulletin on March 11 and 18) and return it with your donation. Please be sure to print the names clearly. **DEADLINE IS MONDAY – MARCH 19.**

## ***FOOT WASHING - AN OPPORTUNITY NOT A REQUIREMENT***

As part of the Maundy Thursday liturgy these past few years, we have offered the opportunity for worshippers to have their feet washed. This is completely optional. It is not a requirement that you participate in this if you do not want to. **You can attend the Maundy Thursday service without having your feet washed.**

This practice of foot washing comes from Jesus' Mandatum (commandment) that we love one another as He has loved us. We model His example of washing the disciples' feet. It is a traditional Maundy Thursday practice and mirrors the Gospel reading that we have each year.

In the past, a number of people have participated. If you would like to be part of the foot washing, there will be chairs set up in front of the first pew near the piano where you can sit while we wash your feet. You can help by wearing socks (no stockings!) and removing them prior to the foot washing. I encourage you to pray about participating in this. As always, please talk to me if you have questions.

Sue Lederhouse+

## ***EASTER EGG HUNT***

Once again this year, we will be offering an Easter Egg Hunt for our smaller parishioners. Children should assemble in the Narthex after the 10:00 service and everyone will go out together with the youngest going out first. An adult must accompany each child/group of children. This way every child has a more equal chance of finding some Easter Eggs of their own. Thanks for your help in making this a fun event for all!

## ***WOMEN OF THE SPIRIT RETREAT - JULY 20-22, 2018***

Women of the Parish: Does a spiritual retreat this summer sound interesting? If so, please join us for a relaxing 3-day get-away to a charming Country Inn in Vermont with like-minded women to explore spirituality in our life experiences, attend services at the Weston Priory and be pampered with delicious meals provided at the Inn. The retreat has been an annual event attended by women of St. Peter's and other parishes. In 2018, the program will be led by Deacon Sharon Powers. For more details, please speak to Priscilla Ellis (508-563-7786 or [cpellis59@comcast.net](mailto:cpellis59@comcast.net)) or Nancy Sherwood 508-540-5817 or [nsherwood114@gmail.com](mailto:nsherwood114@gmail.com)). A meeting will be held soon for those interested. Watch for more information.

## ***WOODEN REPLICAS OF ST. PETER'S CHURCH FOR SALE***

Small wooden replicas of St. Peter's Church are available for purchase. The price is \$15.00 each. Please make your check payable to St. Peter's or pay in cash. If you have any questions, please contact the Church Office (508-759-5641).

## *THE VILLAGE AT CATAUMET NEEDS YOUR HELP!!*

St. Peter's has for several years provided aid to the families living temporarily at the Village at Cataumet. Parishioners have supplied various needs, choosing a different category each month to help these families. **For the month of March, we are collecting cooking and serving items including pots, pans, dishes, cutlery and utensils.** These can be left in the Narthex in the provided baskets under the pews. Children's clothing in good condition is accepted every month. Thank you to all parishioners who participate in this wonderful outreach. These donations have been so gratefully received by families who have endured a period of homelessness.

### *MAINTENANCE NEEDS*

If you see something that needs to be done (a light that has burned out or some other maintenance project), write it on the list on the freezer in the kitchen. Then our Building Manager, Frank Walker, can take care of it. Thanks for your help!

### *COFFEE HOUR WANTS YOU!!*

Have you signed up in the Narthex to help provide goodies for our coffee hour after the 10:00 service? Coffee is already made – your pastries and fruit will make it complete. Please help make this time of fellowship a delicious one as well. And speaking of fellowship, if you see someone new, please invite them to sit with you and have some good conversation. Welcome others as you would like to be welcomed!

### *BOOK BIN AVAILABLE*

Don't forget our book bin when you're clearing your shelves! Bring in your books, DVDs, CDs, records, and video games and see them provide additional funds for St. Peter's! We receive 3c/pound for all the acceptable materials deposited in the bin. **No encyclopedias, magazines, Readers Digest condensed books, newspapers, VHS tapes or audio cassettes, board games and toys, or anything wet and moldy.** Thanks for your donations and tell your friends and neighbors!

### *CAN WE E-MAIL YOU?*

We make THE WAVE available electronically to anyone who would prefer to receive it via e-mail. This enables us to save money on both paper and postage. When you send your e-mail address, along with your name and mailing address (for clarification) to [susanhebb@comcast.net](mailto:susanhebb@comcast.net), she will add your name to a list, and you will receive the next month's newsletter by that means; subsequently your name would be removed from the print mailing list.



## *PRAYER CHAIN*

The Emergency Prayer Chain is up and running! When you have a prayer request, please contact the Rev. Sue Lederhouse at 508-240-2853, or Lynne Brune at 508-295-6146, or Priscilla Ellis at 508-563-7786.

If you would like to join the Emergency Prayer Chain and commit to praying for those in need, please contact one of the individuals listed above and specify if you would like to receive information by email or by phone.

Individuals will remain on the Prayer Chain for 2 weeks unless updated. All requests will be treated confidentially and only shared with those on the Prayer Chain. Please let us know if you would also like to add the prayer request to the Sunday bulletin.

## *CAPE COD AREA SUPPORT GROUP MEETINGS*

**CONSOLING PARTNERS / ADDICTION LOSS:** Meets on the third Wednesday of every month (March 21), from 6:30-8:00 p.m. at Corpus Christi Parish Hall, 324 Quaker Meeting House Rd., East Sandwich.

**ALIENATED GRANDPARENTS ANONYMOUS, INC.:** Meets on the second Wednesday of each month (March 14), from 2:00-3:30 p.m., at the Barnstable Senior Center, 825 Falmouth Rd., Hyannis.

**WOMEN'S RECOVERY GROUP:** For any woman needing help with addiction to alcohol or drugs: Meets weekly on Thursdays at 6 p.m. at the Bourne Community Center, 229 Main Street, Buzzards Bay. [NOTE: COMMUNITY CENTER IS CLOSED FOR REPAIRS AT PRESENT TIME].

**ALZHEIMER'S & DEMENTIA CAREGIVER EDUCATIONAL SUPPORT GROUP:** Meets on the 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays from 10:00-11:30 a.m. at the Bourne Community Center, 229 Main Street, Buzzards Bay. [NOTE: COMMUNITY CENTER IS CLOSED FOR REPAIRS AT PRESENT TIME].

## *NEWSLETTER DEADLINE*

The Newsletter Deadline for the **April** issue is Friday, **March 16**. Send all articles to Susan Hebb at [susanhebb@comcast.net](mailto:susanhebb@comcast.net)

## *MARCH 2018*

1	Thursday	2:00 p.m.	<b>Lenten Study</b>
2	Friday	6:00 p.m.	<b>Spaghetti Supper Fundraiser</b>
8	Thursday	2:00 p.m.	<b>Lenten Study</b>
11	Sunday		<b>DAYLIGHT SAVINGS TIME BEGINS</b>
12	Monday	12:30 p.m.	<b>Women's Bible Study</b>
15	Thursday	1:00 p.m. 2:00 p.m.	<b>Friends of Council on Aging Lenten Study</b>
16	Friday		<b>NEWSLETTER DEADLINE</b>
17	Saturday	8:00 a.m.	<b>Men's Breakfast Gathering</b>
18	Sunday	9:00 a.m.	<b>Healing Service</b>
19	Monday	7:00 p.m.	<b>Vestry</b>
22	Thursday	2:00 p.m.	<b>Lenten Study</b>
26	Monday	12:30 p.m.	<b>Women's Bible Study</b>
29	Thursday	10 – 4 7:00 p.m.	<b>Office Hours Maundy Thursday Service</b>
30	Friday	12 noon & 7 p.m.	<b>NO OFFICE HOURS Good Friday Services</b>

### *Upcoming Dates*

<b>April 1</b>	<b>Easter</b>	<b>April 28</b>	<b>Diocesan Altar Guild</b>
<b>April 29</b>	<b>Baptisms</b>	<b>May 20</b>	<b>Pentecost / Baptism</b>

## *Weekly Schedule*

Sundays	8:00 a.m. 10:00 a.m. 11:30 a.m.	Holy Eucharist, Rite I Holy Eucharist, Rite II Choir Rehearsal
Mondays	10:00 – 4:00 11:00 a.m. 5:15 p.m. 7:30 p.m.	Church Office Open Bible Study Friendly Kitchen AA (Men's Closed Meeting)
Wednesdays	7:30 p.m.	AA (Co-ed Open Meeting)
Thursdays	8:30 a.m.	TOPS (Take Off Pounds Sensibly)
Fridays	10:00 – 4:00	Church Office Open

## *St. Peter's Episcopal Church -on-the-Canal*

P. O. Box 265 / 165 Main Street  
Buzzards Bay, MA 02532  
Phone: 508-759-5641  
Web: [saintpetersbb.org](http://saintpetersbb.org)  
E-mail: [saintpeters@verizon.net](mailto:saintpeters@verizon.net)

### *Staff*

The Rev. Sue Lederhouse, Rector  
E-mail: [lederhouse@msn.com](mailto:lederhouse@msn.com)  
The Rev. Bob Sherwood, Deacon  
E-mail: [rsherwood522@gmail.com](mailto:rsherwood522@gmail.com)  
Lisa Platanitis, Music Director and Choir Director  
Bruce Lederhouse, Organist  
Kathy Letzeisen, Parish Secretary  
Frank Walker, Building Manager  
Susan Hebb, Newsletter Editor

### *Vestry*

Linda Masson, Senior Warden .....	508-743-5139	Steve Cloutman.....	508-759-3128
Lynne Brune, Junior Warden.....	508-295-6146	Priscilla Ellis.....	508-563-7786
Dianne Cartmill, Treasurer.....	774-269-4348	Len Hathon.....	774-678-0169
Priscilla Ellis, Assistant Treasurer.....	508-563-7786	Patti Metcalf.....	508-833-0170
Robin Higgins, Clerk.....	413-329-4651	Donna Beers .....	508-759-8283
		Celeste Hankey.....	508-295-3191